

Thank you for trusting us with your care! Please see the instructions below to prepare for your upcoming surgery. If at any point you have questions, please do not hesitate to reach out to the main number, 914-962-0246, during the hours of 7am-4:30pm for further assistance.

Special MEDICATION Dietary Restrictions Prior to Surgery:

IF YOU ARE TAKING ANY MEDICATIONS FOR WEIGHT LOSS AND/OR DIABETES you may have added instructions regarding your daily use of medication, as well as special dietary restrictions. **If you find one of your medications on the list below, stopping this medication and following the dietary restrictions is essential to ensure your surgery will not be cancelled. Please note-** these restrictions are for your safety while you are under anesthesia.

IF YOU ARE TAKING ANY OF THE BELOW MEDICATIONS ON A DAILY BASIS- do not take this medication on the day of surgery only:	IF YOU ARE TAKING ANY OF THE BELOW MEDICATIONS- stop taking your medication <u>72 hours (3 days)</u> prior to surgery:	IF YOU ARE TAKING ANY OF THE BELOW MEDICATIONS- stop your medication <u>96 hours (4 days)</u> before your surgery:	IF YOU ARE TAKING ANY OF THE BELOW MEDICATIONS- do not take your medication for <u>one week</u> prior to your surgery day:
Byetta (exenatide) twice daily injection	Invokana (canagliflozin)	Steglatro (ertugliflozin)	Ozempic (semaglutide) once weekly injection
Rybelsus (semaglutide) by mouth once daily	Farxiga (dapagliflozin)	Steglujan (ertugliflozin & sitagliptin)	Wegovy (semaglutide) once weekly injection
Victoza (liraglutide) once daily injection	Jardiance (empagliflozin)	Segluromet (ertugliflozin & metformin)	Mounjaro (tirzepatide) once weekly injection
	Brenzavvy (bexagliflozin)		Trulicity (dulaglutide) once weekly injection
	Qtern (dapagliflozin & saxagliptin)		Bydureon (exenatide) once weekly injection
	Glyxambi (empagliflozin & linagliptin)		
	Invokamet (canagliflozin & metformin)		
	Xigduo XR (dapagliflozin & metformin)		
	Synjardy (empagliflozin & metformin)		
	Glyxambi & metformin		

IN ADDITION TO STOPPING YOUR MEDICATION, YOU MUST FOLLOW THE BELOW DIETARY RESTRICTIONS IF YOU ARE TAKING ANY OF THE ABOVE MEDICATIONS:

- 1. Begin a clear-liquid diet from 7am-12am the day prior to your procedure.**
- 2. STOP eating and drinking entirely at midnight (12am) before your surgery.**

ITEMS THAT ARE CONSIDERED A CLEAR DIET: Water, broth- can be chicken, beef or vegetable (NO BONE BROTH), juice (that is clear, see-through with NO pulp), Jell-O, any clear/see through sports drink, ice pops (without milk, bits of fruit, seeds or nuts) tea and/or coffee (NO MILK or CREAM- sugar or honey is acceptable).