

*Thank you for trusting us with your care! Please see the instructions below to prepare for your upcoming surgery. **These instructions are for your safety while you are under anesthesia and are essential to ensure your surgery will not be cancelled.** If at any point you have questions, please do not hesitate to reach out to the main number, 914-962-0246, during the hours of 7am-4:30pm for further assistance.*

IF YOU ARE TAKING ANY OF THE BELOW MEDICATIONS FOR WEIGHT LOSS AND/OR DIABETES please follow these added instructions regarding your daily use of medication. IF you are taking any of the medications listed below, you will stop eating and drinking starting 12am the day of your surgery:

IF YOU ARE TAKING ANY OF THE BELOW MEDICATIONS- stop taking your medication <u>72 hours (3 days)</u> prior to surgery:	IF YOU ARE TAKING ANY OF THE BELOW MEDICATIONS- stop your medication <u>96 hours (4 days)</u> before your surgery:	IF YOU ARE TAKING ANY OF THE BELOW MEDICATIONS- stop your medication <u>1-week (7 days)</u> before your surgery:
Invokana (canagliflozin)	Steglatro (ertugliflozin)	Phentermine
Farxiga (dapagliflozin)	Steglujan (ertugliflozin & sitagliptin)	Qsymia (phentermine+topamax)
Jardiance (empagliflozin)	Segluromet (ertugliflozin & metformin)	
Brenzavvy (bexagliflozin)		
Qtern (dapagliflozin & saxagliptin)		
Glyxambi (empagliflozin & linagliptin)		
Invokamet (canagliflozin & metformin)		
Xigduo XR (dapagliflozin & metformin)		
Synjardy (empagliflozin & metformin)		
Glyxambi & metformin		

IF YOU ARE TAKING ANY OF THE FOLLOWING GLP-1 MEDICATIONS FOR WEIGHT LOSS AND/OR DIABETES (listed below), you can continue these medications without stopping, but will have special dietary restrictions that are listed below:

- Byetta (exenatide) twice daily injection
- Rybelsus (semaglutide) by mouth once daily
- Victoza (liraglutide) once daily injection
- Ozempic (semaglutide) once weekly injection
- Wegovy (semaglutide) once weekly injection
- Mounjaro (tirzepatide) once weekly injection
- Trulicity (dulaglutide) once weekly injection
- Bydureon (exenatide) once weekly injection

SPECIAL DIETARY INSTRUCTIONS:

- 1. Begin a clear-liquid diet at 7am-11:59pm the day before your procedure.**

2. You should have nothing by mouth at all starting at midnight (12am) the day of your procedure until you arrive for your surgery.

ITEMS THAT ARE CONSIDERED A CLEAR DIET: Water, broth- can be chicken, beef or vegetable (NO BONE BROTH), juice (that is clear, see-through with NO pulp), Jell-O, any clear/see through sports drink, ice pops (without milk, bits of fruit, seeds or nuts) tea and/or coffee (NO MILK or CREAM- sugar or honey is acceptable)